TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am to 6 am	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	CLOSED
6 am to 7 am	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	CLOSED
7 am to 8 am	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	SENIOR & JUNIOR COMP	CLUB
8 am to 9 am	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	MASTERS	CLUB
9 am to 10 am	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	MASTERS	CLUB
10 am to 11 am	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	OPEN GYM 18+
11 am to 12 pm	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	OPEN GYM 18+
12 pm to 1pm	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	OPEN GYM 18+
1 pm to 2 pm	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	OPEN GYM 18+
2 pm to 3 pm	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	OPEN GYM 18+
3 pm to 4 pm	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	OPEN GYM 18+	WEDDING	WEDDING	OPEN GYM 18+
4 pm to 5 pm	JUNIOR DEV	JUNIOR COMP Optional	JUNIOR DEV	JUNIOR DEV	WEDDING	WEDDING	CLOSED
5 pm to 6 pm	JUNIOR DEV	JUNIOR COMP Optional	JUNIOR DEV	JUNIOR DEV	WEDDING	WEDDING	CLOSED
6 pm to 7 pm	CLUB & MASTERS	OPEN GYM 18+	CLUB & MASTERS	OPEN GYM 18+	WEDDING	WEDDING	CLOSED
7 pm to 8 pm	CLUB & MASTERS	OPEN GYM 18+	CLUB & MASTERS	OPEN GYM 18+	CLOSED	WEDDING	CLOSED
8pm - 9pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED