# ORC Rowing Traffic Pattern.

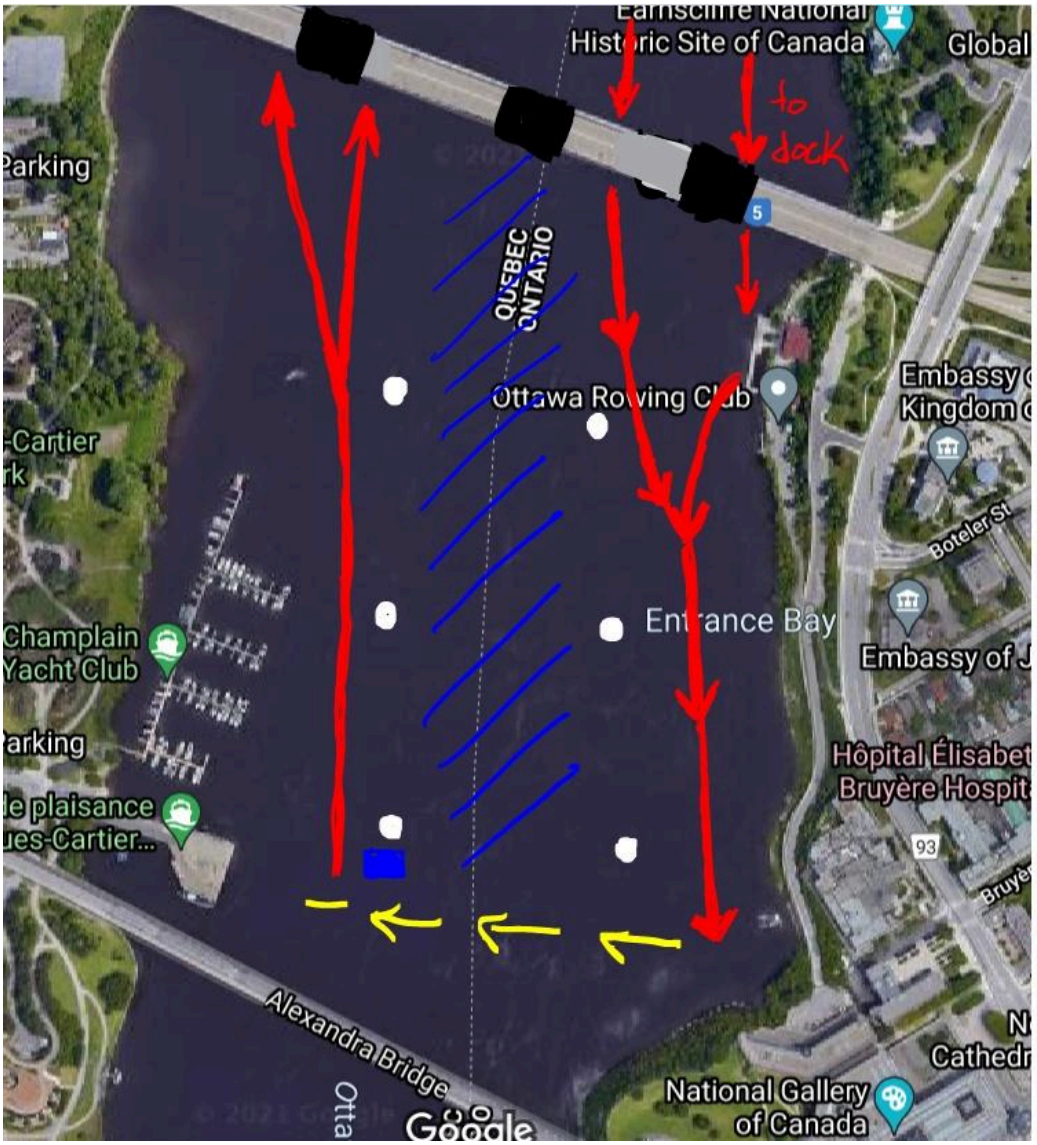
## Leaving the ORC

- Rowing away from the docks towards Parliament Buildings should only take place between the shore and the white “No Wake” buoys so no crew boats are in the middle of the river to interfere with boats crossing.

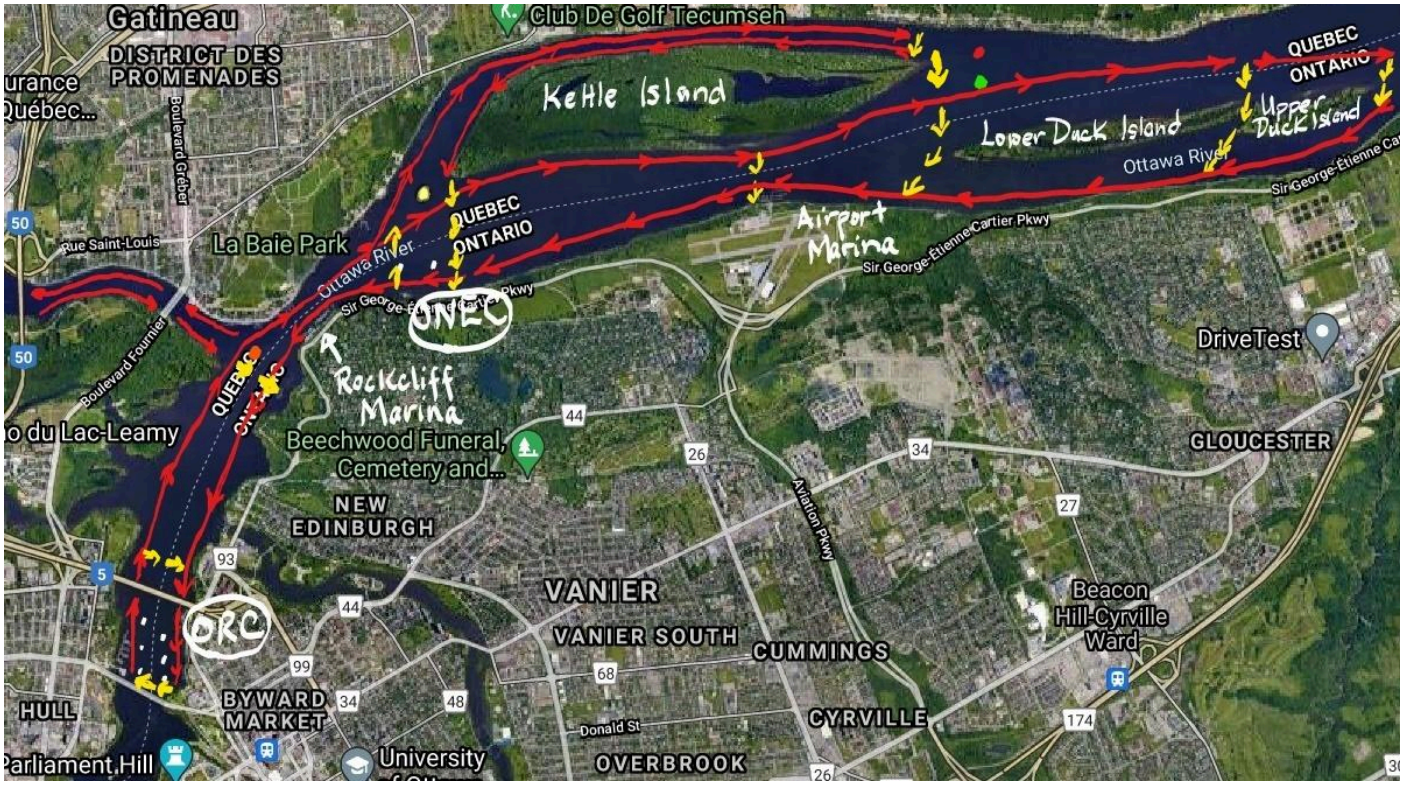
## Arriving to the ORC

- Rowing between the land and the first bridge pillar (arch near Ontario shore) so that you are in line with the docks.
- If you are making another bridge loop you need to go on the other side of the bridge pillar (middle arch) towards the white “No Wake” buoys but stay on the Ontario side of the buoy.

**Do NOT row between the white “No Wake” buoys.**



# Rowing On the Ottawa River




**Rowing Down Ottawa River Away from the ORC**

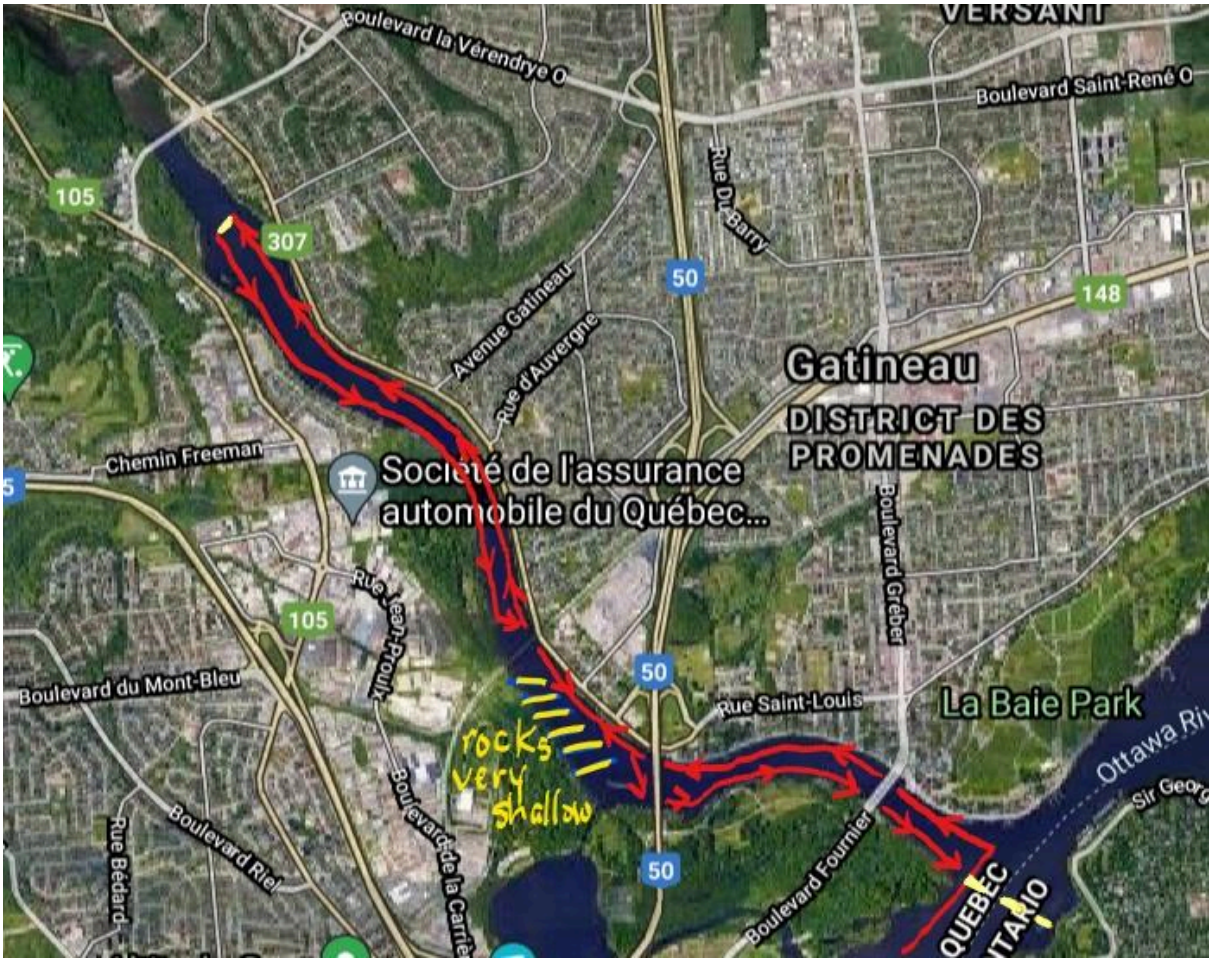
- Stay close to the Quebec shoreline (100 m) You should be able to swim to the shore if needed.
- At the mouth of the Gatineau River take a look for the **red navigational buoy**. You should be on the Quebec side of the buoy (bouy on your starboard side if rowing) Otherwise you are considered in the middle of the river.
- Meeting point for ORC Daytime and Evening programs is prior to Gatineau River to allow for regroup, safety check, and group crossing of busy intersection.
- In front of the **Rockcliffe Marina** on either side of the river it is a NO NOISE ZONE before 8 am (coaches, coxswain and crew no megaphones, whistles, yelling)
- Aim for the **yellow navigational buoy** when rowing towards Kettle Island. If you are not close to the buoy then you are in the middle of the river.
- Stay close to the Kettle Island shore (100m). Be careful of moored boats and the odd floating deadhead.
- If going behind Kettle Island, hug the Quebec Shore. The shore line bends so you need to stay alert. There is a Marina on the Quebec side with white “No Wave” buoys that are a hazard.
- On the Ottawa River at the east end of Kettle Island you need to either A) hug the Quebec side of Lower Duck as you continue down stream B) Cross an 90 degree to the Quebec side and continue downstream along the Quebec shoreline - pay attention to oncoming traffic while crossing the traffic pattern C) If you reach the **green navigational buoy** at the downstream tip and wish to go behind kettle, you will need to travel **AGAINST THE FLOW PATTERN** until you are behind the island and can travel upstream along the Island (not Quebec side) shoreline. Please note that crews following this circulation pattern are at fault for any incidents until they are behind the island and start travelling upstream.
- At the tip of Duck Island you must decide to turn around or row to the channel that splits Lower and Upper Duck Islands. (“lighthouse row” remnant of a lighthouse in water). **There is no turning around half way up to the lighthouse; the traffic pattern is one way.**

- Crossings over to the Ontario side of the river do a 90 degree crossover at the end of Kettle Island,  tip of Duck Island, through the Duck Island channel,  or around the end of Duck Island.  (Yellow dashed marks)

**Rowing Up Ottawa River Towards the ORC**

- Always stay close to the Ontario Shoreline (100m). (Reference: **No further out into the middle of the river than the Airport Marina**).
- If behind Kettle Island stay close to the Kettle Island shoreline but keep an eye for deadheads.
- At ONEC do not hug the shoreline as there is a 500m red buoyed course for their Learn to Row and many moored boats. You need to go wide but no further than the white “No Wake “ buoys.
- You should be on the Ontario side of the white “No Wake” buoys otherwise you are in the middle of the River but not too close to shore. ONEC has a string of red buoys along the shore for their novice rowers . DO NOT go along the shore near ONEC docks or in the buoyed area as they are rowing in both directions (against the traffic pattern) within this buoyed area. Around the sailboat mooring area , upriver from the kayak sea containers.
- Meeting Point - as ONEC rowers now launch from the upstream side of the Riverhouse, ORC crews and programs are to regroup/meet downstream of the boathouse. Crews can travel as far upstream at the swimming area to allow unobstructed access for ONEC rowers to depart and return to their docks.
- Stay alert for ONEC boats crossing to Kettle Island after the ONEC Boathouse and ONEC and ORC boats crossing from the tip of Kettle Island. Everyone is responsible to know where everyone is. Make contact if you are unsure.
- Careful for fishing boats at the “Happy Face” and around the waterfalls.
- If heading to the docks go under the first arch of the bridge.
- If rowing past the ORC, stay under the second arch of the bridge close to the Ontario side so that you are between the Ontario shore and the white “No Wake” buoys.

# Rowing on the Gatineau River




**There are a number of safety hazards on the Gatineau River so it is important that you stay alert and know your course well. ORC Club crews are not allowed to go up the Gatineau River unless escorted by a coach.**

**Rowing Upstream**

- Go up the Gatineau River on the Gatineau side of the River.
- After going under the 50 there is a green navigational buoy. You need to hug the Gatineau shore up to the railroad bridge, single file and carefully as it is a narrow passageway. Going in the middle of the river risks hitting rocks - very shallow-
- After the railroad bridge you can row up to the rapids but there are many deadheads on the Gatineau shore side so be careful.

**Rowing Downstream**

- When coming down the Gatineau River you need to hug the Hull shoreline. Be careful as it has many turns that can catch you off guard.
- **Before going under the railroad bridge you must cut over to the Gatineau side** to avoid the rocks in the middle by hugging the Gatineau shoreline. Boats coming up the Gatineau River have priority. Keep an eye for boats in this narrow passageway.
- When you get to the green navigational buoy you can cut back over to the Hull shoreline and continue to follow it down to the mouth of the river and cross over to the Ontario side of the river.