

# ROWING INSTRUCTOR



3 Positions

**Salary:** \$19.50 per hour

**Start date:** June 1st, 2026

**End date:** August 28, 2026

**Hours:** 30 to 37.5 Hours per week for 14 weeks. Includes evenings & weekends

\*Hours are subject to change based on allotted grant funding

**Location:** 10 Lady Grey Drive Ottawa ON -Ottawa River

**Application Deadline:** April 13, 2026

## JOB SUMMARY

Reporting to the Lead Instructor and the Head Coach, the **Rowing Instructor** provides instruction primarily to participants of our **Adult Learn to Row Program (ALTR)**, *along with other community-based programming.*

The **ALTR program** encourages the mental & physical benefits of "Sport for Life" to beginner adults through 2 week sessions. All programs provide the opportunity for beginners to try rowing and gain a basic understanding and proficiency in the sport. The goal is to inspire these participants to move forward to other recreational programs.

Using a combination of a provided curriculum and personal experience, instructors will execute rowing instruction both on-land and on-water according to their Rowing Canada Learn to Row training and guidance from the Head Coach. Tasks adjacent to the instructing component of the job include launching and operating a coach motor boat, monitoring and stocking boat safety supplies, and planning the execution of sessions with the Lead Instructor.

## PROFESSIONAL EDUCATION AND EXPERIENCE

- High School Graduate or college/university student
- Experience in recreation programming is desirable

## CERTIFICATIONS AND LICENSES

- Current Standard First Aid, CPR and/or AED certificates
- Pleasure Craft Operator Card is preferable and can be obtained upon hire.
- Successful completion of RCA LTR Instructor program, obtained upon hire.
- Certification in relevant coaching/aquatics/recreation programs is an asset

## **APPLICANT KNOWLEDGE, SKILLS, AND ABILITIES**

### ***Knowledge***

- Knowledge of risk management for decision making related to health and safety of staff & participants.
- Knowledge of rowing, including the instructional tactics, equipment, environment, etc.
- Language Requirement: English OR Bilingual competencies.

### ***Skills***

- Instruct and demonstrate rowing
- Lead and motivate adult participants with varying levels of physical fitness.
- Collaborate with participants and co-instructors in a team environment.
- Supervise participants in a variety of environments including aquatic.
- Follow verbal and/or written directions/procedures, specifically lesson plans.
- Launch and operate a motor boat.
- Communicate effectively using written, verbal, and visual methods.

### ***Abilities***

- Tactful, kind and patient
- Calm under pressure
- Creative and resourceful
- Reliable and trustworthy
- Physically fit and able to participate in recreation activities
- Ability to pass a Background Check - the successful candidate will be required to complete a Vulnerable Sector Check with the Police Services

Please send your interest and resume to Adrian - ORC Administrator:

[rowing@ottawarowingclub.com](mailto:rowing@ottawarowingclub.com)

*We wish to thank all applicants for their interest and effort in applying for this position. Only candidates selected for interviews will be contacted.*

*The Ottawa Rowing Club promotes the principles of diversity and inclusion and adheres to the tenets of the Canadian Human Rights Act and the Ontario Human Rights Code.*